



True Circle

Improve their world. Improve yours.

Let's Go RED TIDE!!!

Show your PVHS spirit and help True Circle to create "Go Bags" for the homeless!

PVHS PTSA is sponsoring an opportunity to help the homeless in our South Bay area through donations to True Circle.

Sea Kings responded to True Circle during Registration by donating gently used backpacks and now we are encouraging Sea Kings to help fill those backpacks.

Donate From November 27 to December 12th
Collection Bins located by Main Office & outside room 401

Food: Pull-tabs or peel top cans; nothing that needs a can opener: Bottle of water • Refillable water bottles • Fruit/Applesauce • Tuna fish and chicken salad packs/boxes • Beef Jerky • Peanut or nuts pack • Granola, protein bars, Nutri-grain, fig bars, cracker packs • Peanut butter packets • Single-serving cereal boxes/bowls • Snickers, or other candy bars • Mints and gum

Safety & Health: Flashlights, working only (with batteries) • Space or silver mylar blankets • Rain ponchos & umbrellas • Whistles • Medicine packets (Advil, Tylenol, Aspirin) • First aid kits, band-aids & Neosporin

Hygiene: Hotel/travel sizes are great: Shampoo & conditioner • Soap, body wash • Toothbrush kits, toothbrushes, toothpaste, mouthwash, dental floss • Razor, shaving cream • Deodorant • Washcloths, hand sanitizer & wipes • Lip balm and chapstick • Lotion • Tissue packet & toilet paper • Feminine products

Grooming Tools: Combs or brushes • Nail files/emery boards • Nail clippers

Wearables: Hats • Socks • Underwear • Sunglasses • Bandanas & scarves

Extras: Notepads, blank books or journal • Ball point pen • Deck of cards • Carabiners • Small, throw blankets • Ziploc plastic baggies (Quart or Lunch size) • Motivational notes, cards, poems or personal letter

What is True Circle?

A few years ago, our founder took inspiration from a kindergarten project to do something for someone else on your birthday. She decided to celebrate her birthday by collecting donations for the homeless and from that birthday celebration True Circle was born in Lunada Bay!

At the heart of True Circle is our "Go Bag": a backpack filled with daily living essentials like the items listed above. True Circle distributes the Go Bags for free around Los Angeles to various homeless sites. The immediate relief it provides, while not a long-term solution, is invaluable to surviving day-to-day homelessness.

Who are the homeless? Some are people that lost their job due to an illness; some are military veterans; some are women and children fleeing domestic violence; some are people who work but can't afford housing; some are mentally ill and can't afford medication; some are runaway teens, etc. For the night of January 25, 2017, **4,282 people** were identified as experiencing homelessness in the SPA 8/South Bay (Torrance, Redondo, Carson, San Pedro, Manhattan, Hermosa, Lawndale, Inglewood, Compton, Gardena, El Segundo, Lennox, & Lomita) – a 17% increase from 2016 (source: www.SBCEH.org).

Thank you for being a part of True Circle and our mission to help the homeless by to providing comfort, safety and a better future for displaced people throughout our communities. For more information, to volunteer, or attend a fundraiser, visit us: www.TrueCircle.Org, or at Twitter: @TrueCircleOrg, or at www.Facebook.Com/TrueCircle.Org. True Circle is an exempt non-profit organization as described in Section 501(c)(3) of the Internal Revenue Code; EIN # 81-2100443. Our board is comprised of all volunteers to keep our administrative costs as low as possible and help as many people as we can.

TrueCircle is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District.